



**DEPARTMENT OF CLINICAL NUTRITION AND DIETETICS  
KASTURBA HOSPITAL AND MCHP MANIPAL**

**NUTRITIONAL EVALUATION CAMP FOR PRE'S**

- **Gain valuable insights into your health and fitness levels.**
- **Unlock the secrets to a healthier, more energetic lifestyle.**
- **Connect with colleagues and share your journey towards better health.**
- **Celebrate Nutrition Week by investing in your well-being.**

**KEY INSIGHTS**

- **BMI Analysis**
- **Body Composition Assessment**
- **Muscle Strength Testing**
- **Free Nutritional Counselling and Customised diet plan**



**5TH SEPTEMBER 2024**



**2:00 PM TO 5:00 PM**



**PAEDIATRIC SEMINAR ROOM, GROUND  
FLOOR, W&C BLOCK**